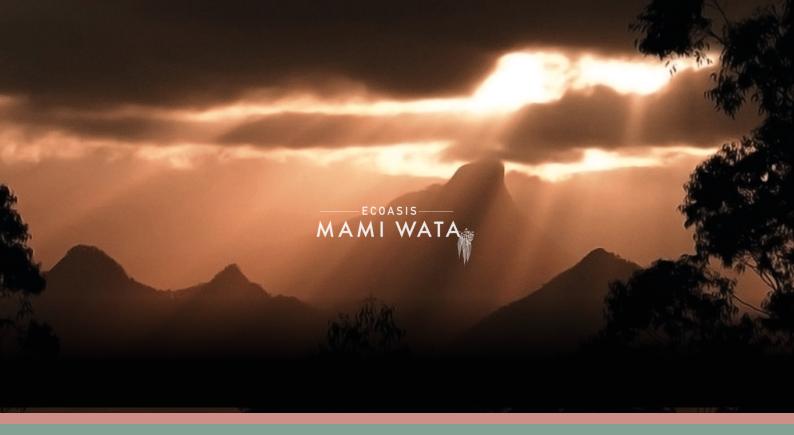


RECOMMENDATIONS





WELCOME TO THE TWEED VALLEY

We are so proud to be your Tweed hosts and help you get the most out of your visit.

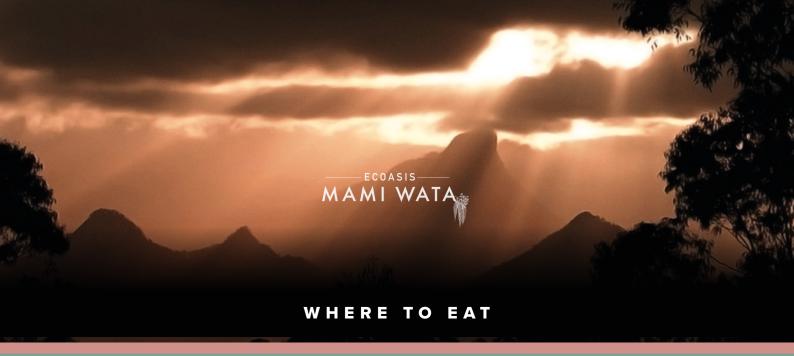
The Tweed region is a wonderful community of a diverse set of folks that for the most part are living in harmony and collaboration with our environment and each other. We love our community and our creative arts, music, produce, spirituality and culture.

We are locals to the region for 25 year and our recommendations come to you from our personal experience and places we love and enjoy. We are also delighted that many of our favourite places are offering our guests special deals. Check out the pamphlets for current discount codes and be sure to mention you are staying with Iya and Sandro at Ecoasis and you will get our local friendly family style service.

For a much more comprehensive guide please visit the Tweed tourist information centre, They will give you a lot of up to date information on what's going on in the area, especially with national parks and current local events.

VISIT THE TWEED https://visitthetweed.com.au/





FINE DINING

(Booking in is always recommended and often necessary)

MAVIS KITCHEN - Located at the base of Mount Warning.

This little gem sources organic, local, seasonal, and from their own gardens! Located in Uki, next to the river, on large property next to the river, your visit to Mavis Kitchen will take you back in time as you enjoy the 140 year old colonial homestead and gardens. Offering breakfast, lunch and dinner (be sure to check their website as breakfast, lunch, and dinner are offered on different days of the week). https://maviseskitchen.com.au

GALLURA - Located in Tweed heads twin tower.

Gallura Italian draws inspiration from the Island of Sardinia and the Italian coastline where respect for local produce has evolved into distinct culinary traditions. Being Italian we are connoisseur of Authentic cuisine and can honestly say, Gallura's wonderful service and unrivaled meals are truly worth the visit. When booking, be sure to mention your Ecoasis guests for the extra special personal family style touch. https://www.galluraitalian.com/

LIVI RESTAURANT - Located in Murwillumbah art precinct in town.

Focusing on quality produce from the Northern Rivers. A small menu of share plates and a drinks list to complimentwe highly recommend this one for it's fine dining foodie experience and professional service with pride. https://www.bistrolivi.com/

FINS RESTAURANT - Located in Kingscliff

Fins is currently Australia's most awarded regional restaurant, offering fresh produce, whole fish, quirky wine and pushing the boundaries of dining.

https://www.fins.com.au/fine-dining-seafood-kingscliff

TAVERNA - Located in Kingscliff

Taverna is a Greek-inspired modern restaurant. Their menu uses only the freshest produce from the local region. Every dish has been carefully constructed to take advantage of the best seasonal and Greek flavours. https://www.fins.com.au/fine-dining-seafood-kingscliff

PAPER DAISY - Located in Kingscliff

Beach side Resturant at the Halcyon house hotel on Cabarita Beach. Their menu embodies sophistication and simplicity - Only available for Dinner & bar after 6pm. Or large group bookings for lunch. https://halcyonhouse.com.au/paper-daisy-restaurant/





BREWERIES/DISTILLERIES

HUSK - Located in Tumbulgum.

Husk a distillery offering unique cocktails, small bites and tasting tours. Known for their unique "farm to bottle" rum and "Ink Gin" https://www.huskdistillers.com

EARTH BREWERY - Located in Cudgen.

Earth Brewery is situated on a working avocado farm, between the mountains and the sea. This brewery is super creative. Offering a large range of beers on tap and brewery tours. https://www.earthbeercompany.com.au

CAFES/COFFEE

ROAST OFFICE / POST OFFICE - Located in Uki.

Roast office / post office Uki is the local favourite. This is a must have experience. Gary the brew master blends and roasts the Bastion Lane coffee in the back of the post office. You can try the Bastion Lane coffee in your chalet kitchen complimentary or head down to The Post Office, open 7 days a week and have a capuchin or Espresso and check out the attests Post office art exhibition. Again Say your staying with us and they will look after you like family. If you like Bastion lane you can pick up a bag from our online shop or from Gary at the post office. https://bastionlane.com/the-roastoffice

BLACK DROP CAFE - Located in Pottsville.

Pottsville is your classic Australian Beach town. A bit of a throw back to the 80's with a fresh foodie and young family vibe. This is our favourite Breakfast / brunch spot. Seasonally inspired, the Black drop team have the nak for good coffee, friendly local service and great food. Follow them on instagram for their pop up dinner events. Pottsville is a great spot for toddlers and young families, with play parks and paddling in the estuary where the creek meats the river mouth. We also enjoy long walks on the wild beach or dropping a line in the creek/river to catch a fish. https://www.blackdropcafe.com.au

FLUTTERBIES COTTAGE CAFE - Located in the hostoric village of Tyalgum.

Flutterbies cottage cafe is nestled at the foot hills of MT Warning in Tyalgum. A historic renovated village, worth a visit for couples and families. Relax in the tea room or stroll through their gardens and enjoy a drink and bite to eat (sourcing local and organic as much as possible)! Check out their website as they have many offerings! https://flutterbies.com.au

WILD THYME - Located in Murwillumbah. A yummy breakfast and lunch spot for colourful, and creative meals. Find them on Facebook, "Wild THYME dining"





MARKETS

UKI FARMERS MARKET -

On every Saturday, all weather location here in Uki hall - Local farmers, fresh food, fun products/artesian goods or even get your hair cut!

UKI BUTTERY BAZAAR -

The third Sunday of every month - live music, vintage finds, artists, food stalls and much more!

MURWILLUMBAH MAKERS AND FARMERS MARKET -

On every third Saturday. Located in Knox park and "M arts" District - Local makers, growers, artists, recyclers and vintage collectors.

MURWILLUMBAH FARMERS MARKET -

Every Wednesday - located at the Mur'bah Show grounds - this is where all the local growers come together and sell tweed produce, while enjoying breakfast and live music.

MULLUMBIMBY FARMERS MARKET -

On every Friday. Vibrant lively market with live music, fresh produce, and food stalls.

POTTSVILLE BEACH COMMUNITY MARKETS -

1st and 3rd Sunday of every month - int he Pottsville park. Fresh produce, plants, home-made treats, local art/craft, clothing and jewellery, home décor/kitchenware, nicnax and much more.

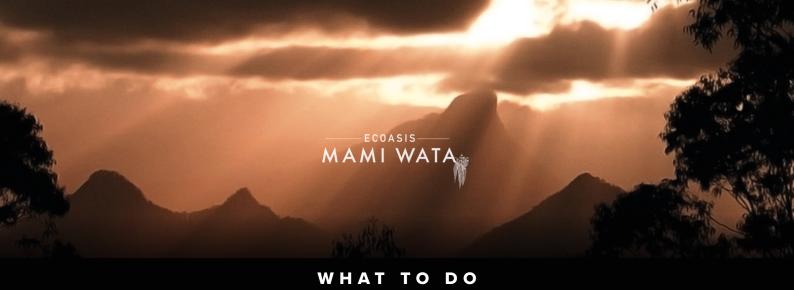
TWEED NIGHT MARKET -

Held during the warmer months from September through to April, Every 2nd & 4th Friday 4-8pm - Tweed Heads park you will find Street food, live performance and entertainment on the foreshore. Bring your picnic blanket and indulge in delicious cuisines while listening to local musicians.

THE BYRON SHIRE MARKETS -

Held all over the region, from Evans head to Nimbin to tweed heads and all around. Each weekend there is at least 2 or 3 markets happening in the shire. These markets are legendary with a long and strong history in the region, supporting all our local talent and social connection. Street food, Local performers, and the famous African Drumming circles to shake your booty. Go home with a treasure or two. go to this website to find out more https://byronbay.com/byron-bay-regional-markets/





ART & CULTURE

ART PRECINCT "M ARTS" - a unique destination offering visitors to the region a cultural and creative experience through micro art galleries, cinema, restaurants, events, cafe/bar, and creative retail and food outlets - in Murwillumbah https://m-arts.com.au

THE REGENT CINEMA - The Regent presents a spectacular program of live performance including theatre, comedy, music and more by local and touring artists, comfortably viewed from traditional tiered seating-Murwillumbah https://theregent.com.au

THE SPA AT SALT - A relaxing day spa offering a comprehensive range of treatments and their popular "elements lounge"- Kingscliff https://thespaatsalt.com.au

KIFF AND CULTURE TOURS - This tour company is awesome as they customise private tours for you with your budget, interests and amount of people. They offer single or multi day packages. Their tours cover a lot of ground... all the way from Brisbane to Byron Bay. https://kiffandculture.com.au

WATERSPORTS GURU! - Experiences such as snorkelling with the turtles, whale watching, kayaking, surfing lessons, stand up paddle boarding and kids activities. https://watersportsguru.com

COUPLES AND FAMILIES

GREAT PLACES TO VISIT FOR COUPLES AND FAMILIES - GOOD KIDS ACTIVITIES !

TWEED REGIONAL MUSEUM - Located in Murwillumbah. Tours, workshops, exhibits, and events. This museum has an outstanding collection of historical information of the Tweed Valley, Aboriginal cultural significance and early settlers. The seasonal exhibitions are great for kids. So much to discover, a must visit. https://museum.tweed.nsw.gov.au/visit

CRYSTAL CASTLE - Located in the Mullumbimby hinterland. Stand between two of the tallest crystals on earth. Sit in an ancient amethyst cave. Wander through the tranquil Shambhala Gardens and rainforest. https://www.crystalcastle.com.au

TROPICAL FRUIT WORLD - Located in Duranbah / North Murwillumbah A must visit for Guided tours and tastings of exotic fruit. A farm owned fruit market every Saturday, and a regional dining. Great activity for kids. https://www.tropicalfruitworld.com.au

HOSANA FARM STAY - Located Stokers Siding (5 min drive from Ecoasis) Farm tours, kids activities, food and coffee, live music, pizza nights. https://www.hosannafarmstay.com.au





NATIONAL PARKS AND WILD LIFE

The Tweed and byron shire is originally known as the Bundjalung by our traditional custodians of this sacred country.

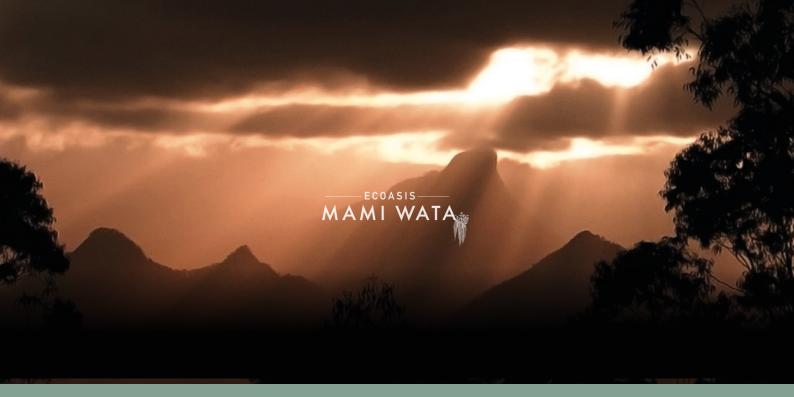
Famous for the palpable raw natural power and beauty of the pristine ancient forests, waterfalls, rivers and creeks. The spiritualism of the land is enhanced by a layer of obsidian crystal underlying the region. Byron Bay traditionally has been a place for gatherings, celebrations and healing. Coined "the rainbow region in the 70's" due to the magnetism of this sub tropical playground for adventures within. We encourage you to connect in and received the healing magic inspiration and creativity of this potent region.

MT Warning, - Originally named Wollumbin is a powerful sacred Initiation site for Men of High degree in the Original peoples culture of this place. While the mountain has been closed due to dangerous erosion and political negotiations, there are many other national parks and sacred mountains in this region to explore.

Mount Wollumbin is the central volcanic remnant of an ancient shield volcano, the Tweed Volcano, which would have been about 1,900 m (6,200 ft) above sea level or just under twice the height of the current mountain This volcano last erupted around 23 million years ago and is responsible for the rich fertile soils that stimulate our abundant nutrient dense produce and creatively inspired culture in the community of folks that inhabit these foot hills.

Visit the website for comprehensive information, updates, closures etc. https://www.nationalparks.nsw.gov.au/





THANK YOU

